

# St Benedict's Parish

## Arcadia



IF A HOUSE IS DIVIDED  
AGAINST ITSELF,  
THAT HOUSE WILL NOT  
BE ABLE TO STAND.



**10TH SUNDAY  
IN ORDINARY TIME**

**YEAR B**

**8 & 9 JUNE 2024**

### PARISH MASS TIMES

#### Weekends:

Saturday 7:00pm Vigil

Sunday 9:00am

Sunday 10:30am



#### Weekdays:

Mondays to Thursdays 9:30am

Fridays 6:30pm Adoration

7:00pm Mass & Confession  
(Reconciliation)

Saturdays 9:00am to 10:00am

Adoration & Confession (Reconciliation)

### MONASTERY CHAPEL Masses

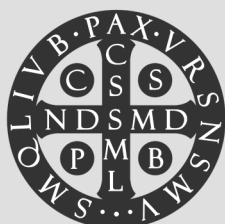
Sundays 7:00am

Daily 7:00am

Please contact Father Shansana for the following:

**BAPTISMS  
RECONCILIATION  
FOR THE SICK  
MARRIAGES  
FUNERALS**

Fr Shansana: 0437 884 233



### ENTRANCE ANTIPHON

The Lord is my light and my salvation; whom shall I fear?  
The Lord is the stronghold of my life;  
whom should I dread?  
When those who do evil draw near, they stumble and fall.

### SUNDAY HOLY MASS PRAYER

O God, from whom all good things come,  
grant that we, who call on you in our need,  
may at your prompting discern what is right,  
and by your guidance do it.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

### SELF REFLECTION - GOD'S FAMILY

*This Sunday's Gospel, Mark 3:20-35, Jesus said:*

"Who are my mother and brothers?" And looking round at those sitting in a circle about him, he said, "Here are my mother and my brothers. Anyone who does the will of God, that person is my brother and sister and mother."

- Do I truly regard others as my brothers and sisters?
- Do I ask God to help me broaden my horizon, not to be limited by what is comfortable for me?
- Do I recognise that I am one of Jesus' family and that God is my father?



Dear Lord,  
Help me to do the will of God so I may belong to Your family. Help me regard others as my brothers and sisters. Help me broaden my horizon and not be limited by comfort. Walk with me Lord and give me Your grace. Amen.

**First Reading: Genesis 3:9-15 (JB)**

A reading from the book of Genesis

*I will make you enemies of each other: your offspring and her offspring.*

The Lord God called to the man after he had eaten of the tree. 'Where are you?' he asked. 'I heard the sound of you in the garden;' he replied 'I was afraid because I was naked, so I hid.' 'Who told you that you were naked?' he asked. 'Have you been eating of the tree I forbade you to eat?' The man replied, 'It was the woman you put with me; she gave me the fruit, and I ate it.' Then the Lord God asked the woman, 'What is this you have done?' The woman replied, 'The serpent tempted me and I ate.'

Then the Lord God said to the serpent, 'Because you have done this, 'Be accursed beyond all cattle, all wild beasts. You shall crawl on your belly and eat dust every day of your life. I will make you enemies of each other: you and the woman,

It will crush your head and you will strike its heel.'

**The word of the Lord.**

**Thanks be to God.**

**Responsorial Psalm:**

**R. With the Lord there is mercy and fullness of redemption.**

**Second Reading: 2 Corinthians 4:13 - 5:1 (JB)**

A reading from the second letter of St Paul to the Corinthians

*We believe, and therefore we speak.*

As we have the same spirit of faith that is mentioned in scripture - I believed, therefore I spoke - we too believe and therefore we too speak, knowing that he who raised the Lord Jesus to life will raise us with Jesus in our turn, and put us by his side and you with us. You see, all this is for your benefit, so that the more grace is multiplied among people, the more thanksgiving there will be, to the glory of God.

That is why there is no weakening on our part, and instead, though this outer man of ours may be falling into decay, the inner man is renewed day by day. Yes, the troubles which are soon over, though they weigh little, train us for the carrying of a weight of eternal glory which is out of all proportion to them. And so we have no eyes for things that are visible, but only for things that are invisible; for visible things last only for a time, and the invisible things are eternal.

For we know that when the tent that we live in on earth is folded up, there is a house built by God for us, an everlasting home not made by human hands, in the heavens.

**The word of the Lord.**

**Thanks be to God.**

**Gospel Acclamation**

Alleluia, alleluia!

The prince of this world will now be cast out, and when I am lifted up from the earth I will draw all to myself, says the Lord.

Alleluia!

**GOSPEL: Mark 3:20-35 (JB)**

A reading from the holy Gospel according to Mark

*It is the end of Satan.*

Jesus went home, and such a crowd collected that they could not even have a meal. When his relatives heard of this, they set out to take charge of him, convinced he was out of his mind.

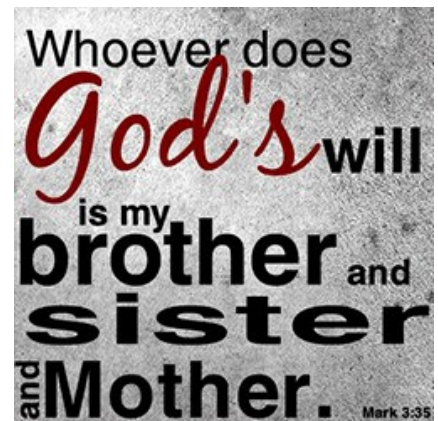
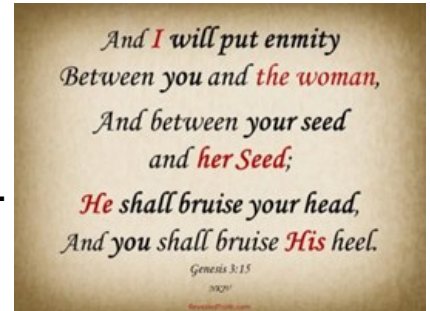
The scribes who had come down from Jerusalem were saying: 'Beelzebul is in him' and, 'It is through the prince of devils that he casts devils out.' So Jesus called them to him and spoke to them in parables, 'How can Satan cast out Satan? If a kingdom is divided against itself, that kingdom can not last. And if a household is divided against itself, that household can never stand. Now if Satan has rebelled against himself and is divided, he can not stand either - it is the end of him. But no one can make his way into a strong man's house and burgle his property unless he has tied up the strong man first. Only then can he burgle his house.

'I tell you solemnly, all men's sins will be forgiven, and all their blasphemies: but let anyone blaspheme against the Holy Spirit and he will never have forgiveness: he is guilty of an eternal sin.' This was because they were saying, 'An unclean spirit is in him.'

The mother and brothers of Jesus arrived and, standing outside, sent in a message asking for him. A crowd was sitting round him at the time the message was passed to him, 'Your mother and brothers and sisters are outside asking for you.' He replied, 'Who are my mother and brothers?' And looking round at those sitting in a circle about him, he said, 'Here are my mother and my brothers. Anyone who does the will of God, that person is my brother and sister and mother.'

**The Gospel of the Lord.**

**Praise to you, Lord Jesus Christ.**



## GOSPEL REFLECTION

Sunday, June 9

Genesis 3:9-15

Psalm 130:1-8

2 Corinthians 4:13–5:1

Mark 3:20-35

*We look not to what is seen but to what is unseen. (2 Corinthians 4:18)*

St. Paul must have been a marvel! Not only was he a passionate apostle and evangelist, but he was also a skilled theologian and writer. He founded some of the most important churches in the ancient world. More than one-quarter of the New Testament was either written by him, written about him, or attributed to him. What's more, Paul accomplished all of this while enduring ongoing persecution and suffering!

What kept Paul going? Today's second reading gives us the answer: his heart was filled with a heavenly vision. Paul could consider beatings and shipwrecks as "light affliction" because he had received glimpses of the "eternal weight of glory" that awaited him (2 Corinthians 4:17.) He could make light of how his "outer self" was "wasting away" because the Lord kept renewing his "inner self" (4:16). And he was able to keep his focus off the hardships staring him in the face because he kept seeking insight into "what is unseen," the eternal truths of a loving, faithful God (4:18).

All of this may sound hopelessly out of reach, but the truth is, the kind of heavenly vision St. Paul describes is open to everyone. That's because it doesn't depend on our talents but on the Spirit's grace. All he asks of us is faithfulness to prayer, an open and humble heart, and a promise to be patient as he slowly opens our eyes.

God *wants* to give you a heavenly vision! Even in the midst of any "light afflictions" you may be experiencing, he can give you his consolation and strength. Even when you can't seem to see the way ahead, he will bring the path to heaven into sharper focus. So keep fixing your heart on "what is unseen." Keep asking the Spirit to help you look at "what is seen" with new eyes (2 Corinthians 4:18). This is one prayer he loves to answer!

***"Lord, open my eyes! Fill me with a vision of heaven!"***

Source: Word Among Us India

## LITURGICAL FEASTS AND EVENTS OF THE WEEK

### JUNE

Monday 10 Readings: 1 Kg 17:1-6. Mt 5:1-12.  
**R:** Our help is from the Lord who made heaven and earth.

Tuesday 11 Readings: Acts 11:21-26, 13:1-3. Mt 10:7-13.  
**R:** The Lord has revealed to the nations his saving power.  
**St Barnabas, apostle.**

Wednesday 12 Readings: 1 Kg 18:20-39. Mt 5:17-19.  
**R:** Keep me safe, O God; you are my hope.

Thursday 13 Readings: 1 Kg 18:41-46. Mt 5:20-26.  
**R:** It is right to praise you in Zion, O God.  
**St Anthony of Padua, priest, doctor.**

Friday 14 Readings: 1 Kg 19:9, 11-16. Mt 5:27-32.  
**R:** I long to see your face, O Lord.

Saturday 15 Readings: 1 Kg 19:19-21. Mt 5:33-37.  
**R:** You are my inheritance, O Lord.



### Prayer for the Help of the Holy Spirit

by St. Anthony of Padua

O God, send forth your Holy Spirit into my heart that I may perceive, into my mind that I may remember, and into my soul that I may meditate. Inspire me to speak with piety, holiness, tenderness and mercy. Teach, guide and direct my thoughts and senses from beginning to end. May your grace ever help and correct me, and may I be strengthened now with wisdom from on high, for the sake of your infinite mercy. Amen.

©2013 www.CatholicPrayerCards.org 1-888-244-2788  
email: orders@CatholicPrayerCards.org Card #91

Source: Ordo 2024



## POPE FRANCIS' PRAYER INTENTION FOR JUNE 2024

### For the pastoral care of the sick

We pray that the Sacrament of the Anointing of the Sick confer to those who receive it and their loved ones the power of the Lord and become ever more a visible sign of compassion and hope for all.



## PARISH NOTICES

- The next roster is now available please pick up from sacristy.
- Planned giving envelopes for 2024/2025 are ready to be picked up. They are at in the church the front pew.

Parish Office: 9653 2312 (Mondays & Fridays)

## CATHOLICARE BROKEN BAY

### Did you know that CatholicCare provides Family Dispute Resolution (FDR) services?

We assist separating and divorcing couples and their children to resolve disputes without needing to take action in the Family Court.

With the assistance of an impartial third party, family dispute resolution helps identify issues and together we develop a range of options and alternatives, with the goal to reach a settlement that is suitable to all.

Phone: [1800 324 924](tel:1800324924)

Email: [info@catholiccareddb.org.au](mailto:info@catholiccareddb.org.au)

Web: <https://catholiccareddb.org.au/>

## VINNIES WINTER APPEAL



The Vinnies Winter Appeal will be held on 8th and 9th June this year. **We are asking for donations of non-perishable food and also any old sleeping bags you may wish to re-home!**

Many of our clients are struggling to heat their homes and might be able to sleep in a sleeping bag for extra warmth at night. We will also have envelopes available for donations of money. We are very grateful to the Parish for their ongoing support.

Many thanks,

Rita, Lila, Marie & Karen  
St. Vincent de Paul  
Arcadia Conference

## NEXT SACRAMENTAL PROGRAM ENROLMENTS NOW OPEN

Our next Sacramental Program enrolments is now open, for students in year 3 commencing with Confirmation. Confirmation sessions will be in August 2024. Confirmation Service will be on September 12th 2024. Reconciliation and Holy Communion will be held next year in 2025.

Enrolment forms are now available in the sacristy for collection. If you would it to be emailed to you send an email to [arcadia.pariah@bigpond.com](mailto:arcadia.pariah@bigpond.com) and we will email you the enrolment form.

For more information contact Paula on 9653 2312 (Mondays & Fridays).

## FROM SEED TO BLOSSOM A PARENTING JOURNEY

***"It is not what you do for your children, but what you have taught them to do for themselves that will make them successful human beings."***

– Ann Landers

Parenting is like tending a garden. Each child is a unique seed, requiring care, patience and love to grow. As gardeners, parents nurture their children, providing the essential elements: the water of support, the sunshine of encouragement and the soil of a stable home. They prune when necessary, guiding their children to shed harmful behaviours and fostering resilience. Weeds of doubt and fear may sprout, but parents diligently remove them, ensuring their children flourish. Just as a gardener revels in the blooming of flowers, parents find joy in their children's achievements, knowing each blossom is a testament to their dedication. Through storms and seasons, parents stand firm, understanding that every effort, no matter how small, contributes to the beautiful, thriving garden of their children's lives

*Lord, guide us on our parenting journey with wisdom, patience and love. Help us to nurture our children with Your grace and to lead by example in faith and kindness. Strengthen us in times of challenge and fill our hearts with joy and gratitude for each moment we share. May Your presence be our constant support as we raise our children in Your light. Amen.*

Source: [majellan.media](http://majellan.media)

## CRAFT GROUP



The quilting group will meet every 4th Tuesday of the month at 10.30am in the parish meeting room.

Everyone welcome!

## In Our Parish

(please let us know if you would like someone added here)

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, especially Brother Mario, Father Alberic & Brother Terry.

We remember in our prayers all our dearly beloved who have died especially our dear Helen Facione and Nancy Merlino. *May they rest in Peace.*



## VOLUNTEER OF THE WEEK!

This week volunteer of the week nomination goes to:



**Daniella Scotti**

Thank you Daniella for volunteering to take photos of the children receiving their Sacrament of First Holy Communion. The photos were just beautiful. God bless you in all you do for our parish!

*Who would you like to nominate for next week's volunteer?*

## PARISHIONERS BUSINESSES BOOKLET

We are considering creating a booklet featuring parishioners who run their own businesses or trades.

Our aim is to showcase their enterprises and make the booklet accessible within the parish community, encouraging support for their endeavours.

To include your business or trade in the booklet, kindly email us at:

[arcadia.parish@bbcatholic.org.au](mailto:arcadia.parish@bbcatholic.org.au)  
**Parish Office: 9653 2312**

## KU-RING-GAI PARISH ADMIN ASSISTANT

The thriving Ku-ring-Gai parish is looking for an Administrative Assistant to work with the Parish Priest and parish team. This is a 3-month contract commencing 17 June with the potential to become permanent. The days, Monday-Friday 8.30 am-3.30 pm are flexible. Phone: 02 9456 2450  
Email: [parishkccp@bbcatholic.org.au](mailto:parishkccp@bbcatholic.org.au)  
Web: [www.bbcatholic.org.au/kccp](http://www.bbcatholic.org.au/kccp)

## PARISH E-BULLETIN

The parish is looking to make the parish bulletin available electronically. The print version will still remain.

If you are interested in receiving the parish bulletin via email, please provide your email address to the parish office via:

[arcadia.parish@bbcatholic.org.au](mailto:arcadia.parish@bbcatholic.org.au)

*Please note, the bulletin is always available every week on the parish website as well as Facebook.*



## CCC PRAYER GROUP

Prayer meeting held every  
**Wednesday morning**: after 9.30am Mass.  
Everyone welcome.

**Come and meet new people and have a cuppa!**  
For more details call Mary Camilleri on 0403 116 987.

## CATECHISTS' NEWS

Free training is available to Catechists with full Authorisation – Level 1 Training "Prayer in the Classroom" on Wednesday 24th July via Zoom in the evening 6.15pm-8.30pm.

RSVP [registrations@bbcatholic.org.au](mailto:registrations@bbcatholic.org.au)

Reflection Day for all Catechists on the Sacred Heart of Jesus on Friday 21 June 9:45am – 2:30pm at Our Lady of Dolours, Chatswood. Morning tea and lunch will be provided.

RSVP [registrations@bbcatholic.org.au](mailto:registrations@bbcatholic.org.au)

Helpers and part time Catechists are welcome to assist when Catechists are away. If you are interested to learn more about the ministry of being a Catechist, please talk to one of our priests or contact me.

God bless,

Miriam Brown [srearcadia@gmail.com](mailto:srearcadia@gmail.com)

Parish Catechist Co-Ordinator



## ST BENEDICT'S MAKER'S TABLE

The Maker's Table is a special place where women gather to create, make, craft, pray, listen, share gifts, stories and know-how. A place to create beautiful things. A place to listen, build relationships and cultivate community.

Workshops are held on the first Wednesday of the month 7.30pm to 9.30pm at the parish meeting room.



[themakerstablesydney@gmail.com](mailto:themakerstablesydney@gmail.com)

Martine 0458-533-250

Nerida 0425-834-017

[www.themakerstable.org](http://www.themakerstable.org)

at St Benedict's Church hall  
2 Fagans Rd, Arcadia.

## ST BENEDICT'S YOUTH GROUP

Come join our St Benedict's Youth group for **8-12yr olds** will be held **every Friday during school term only**. 4pm to 5.30pm

To register your child please email the parish office: [arcadia.parish@bigpond.com](mailto:arcadia.parish@bigpond.com) with your child's name, age and parent's phone number.

**Volunteers aged 14-16yrs** who would like to assist us please email the parish office. Our youth leaders all have Working With Children Checks.

Thank you,  
Gabe & Jules!



## ITALIAN ROSARY GROUP

Every Monday 2.00pm.  
Everyone welcome.

For more details call  
Angela Egiziano on 9652 1358.



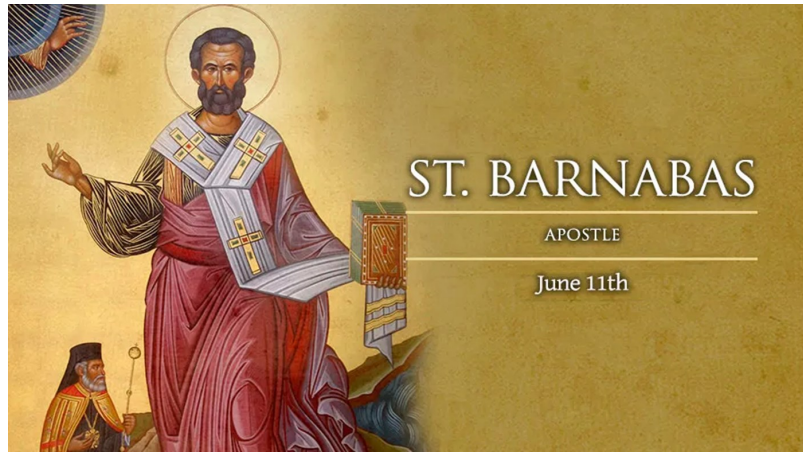
# SAINT OF THE WEEK

## SAINT BARNABAS THE APOSTLE

*Feast Day: June 11*

**C. Early First Century - C.61**

**Patron Saint of Cyprus, Antioch, and peacekeeping missions**



Saint Barnabas, originally named Joseph and a Jew of the tribe of Levi, was born on the isle of Cyprus (see [Acts 4:36](#)). Joseph followed Jesus during his public ministry and might have been one of the seventy-two disciples whom Jesus sent out on a mission (see [Luke 10:1–24](#)). Barnabas' first mention in the New Testament appears when he "sold a piece of property that he owned, then brought the money and put it at the feet of the apostles" ([Acts 4:37](#)). The Apostles changed Joseph's name to Barnabas, which means "son of encouragement."

After Saint Paul had converted to Christianity and spent three years fasting and praying in Arabia, he traveled to Jerusalem. The Apostles hesitated to receive him, but Barnabas brought Paul to them. Paul recounted his story before returning to his hometown of Tarsus. During that time, a Christian community grew among the Gentiles in Antioch in Syria. After the Apostles sent Barnabas to Antioch, he found St. Paul in Tarsus and brought him to Antioch to help preach the Good News.


After a year in Antioch, Paul and Barnabas returned to Jerusalem, bringing money from the Antioch Christians to aid those suffering from famine. When they returned to Antioch, the Holy Spirit revealed to the Christian community that Paul and Barnabas were to be "set apart" for a special mission. The two were ordained as bishops and sent forth on a mission, bringing with them Barnabas' relative, John Mark, the Gospel writer. Over the next year, they traveled to Seleucia, Cyprus, Salamis, Paphos, Perga of Pamphylia, Antioch of Pisidia, Lystra, Derbe, Iconium, and back to Antioch, Syria. They won many converts but also encountered opposition, including a failed attempt to stone Paul. The two returned to Jerusalem to help settle disputes about Gentile converts before being sent on another mission. Before the second journey, Barnabas and Paul disagreed about whether to include John Mark, who had left them while in Pamphylia. Unable to agree, Barnabas and John Mark went to Cyprus, while Paul took Silas with him to Syria and Cilicia.

Nothing else is known for certain about Barnabas' missionary activity with John Mark in Cyprus. Paul's first letter to the Corinthians and his letter to the Colossians indicate that he and Barnabas maintained their friendship; Paul even mentioned John Mark affectionately in a later epistle.

According to a fifth-century tradition, Barnabas was preaching the Gospel around the year 61 and was arrested, dragged out of the city, and either burned or stoned. Another legend holds that in 478, Saint Barnabas appeared to the Archbishop of Cyprus and revealed his burial site to him. Archbishop Anthemios found Saint Barnabas' body incorrupt, holding the Gospel of Matthew. The Roman emperor erected a church at the site and buried Saint Barnabas there. The church was later lost to history, but excavations uncovered what people believed to be Saint Barnabas' tomb. Saint Barnabas is the patron saint of Cyprus because he was the first missionary bishop on that island.

***Saint Barnabas, you listened to the Gospel from Christ Himself, witnessed His miracles, and allowed His saving message to transform your life. You spent the rest of your life preaching the Good News and saving many souls. Please pray that I will dedicate my life to the mission to which I am called. Saint Barnabas, pray for me. Jesus, I trust in You.***






**"WE ARE CALLED TO BECOME A LIVING GOSPEL IN THE WORLD." POPE FRANCIS**

## Xavier School of Preaching

Thursday 1 August - Saturday 3 August 2024  
(Registrations open 6pm Thursday. Program concludes 1:30pm Saturday)


FOR MORE INFORMATION:  
[mission@bbcatholic.org.au](mailto:mission@bbcatholic.org.au)

SCAN QR CODE TO REGISTER



CATHOLIC DIOCESE OF BROKEN BAY

In Partnership with:



# SYDNEY

at Cathedral Precinct Waitara  
Hosted in and supported by the  
Diocese of Broken Bay  
Registration: [igniteconference.com.au/](http://igniteconference.com.au/)

IGNITE YOUTH IGNITE CONFERENCE 24

# RISE UP!

A NATIONAL CATHOLIC CONFERENCE WITH SOMETHING EVERYONE

IN THE NAME OF JESUS CHRIST OF NAZARETH, RISE UP AND WALK. ACTS 3:6-7



## A CATHOLIC RESPONSE TO DOMESTIC VIOLENCE

A video called "A Catholic Response to Violence" with Bishop Anthony can be viewed on the Diocese website at [A Catholic Response to Domestic Violence - Catholic Diocese of Broken Bay \(bbcatholic.org.au\)](http://bbcatholic.org.au) where other resources, including a booklet, are also available.

The theme for Safeguarding Awareness 2024 is The Voice of the Vulnerable and Bishop Anthony wants a particular focus on domestic family violence, which affects women, children, and men across our communities.

While a number of helplines are identified in the video and booklet, below are some of the key ones"

- 1800 RESPECT (1800 737 732) – 24-hour 7 day a week service for advice and support
- 131 450 for non-English speakers and ask them to ring:

**RESPECT CATHOLIC CARE BROKEN BAY:**

- Central Coast: 1800 324 924
- Northern Beaches: 1800 324 924
- Naremburn: 1800 324 924
- Waitara: 1800 324 924

**MEN'S REFERRAL SERVICE:**  
1300 766 491

The video is also available on our [Youtube channel](#).

FREE WEBINAR

CatholicCare  
Diocese of Broken Bay



# BUMP & BEYOND

PREPARING FOR THE JOURNEY AHEAD


ONLINE  
TUESDAY 25 JUNE 2024  
7.00PM - 8.30PM

Catholic Vocations Broken Bay Young Adult Event

# ENCOUNTER


ADORATION | FORMATION | COMMUNITY

Special Guest Speaker  
Broken Bay Seminarian  
**Shayne D'Cunha**  
"WHY THE CHURCH NEEDS YOU"



FRIDAY JUNE 21 | WOY WOY PARISH | 6PM  
VENUE: ST. JOHN THE BAPTIST CATHOLIC CHURCH  
125 BLACKWALL ROAD, WOY WOY NSW 2256  
RSVP TO: P: 0418 522 449 | 02 83791626  
E: [vocations.ministry@bbcatholic.org.au](mailto:vocations.ministry@bbcatholic.org.au)

CATHOLIC VOCATIONS BROKEN BAY EVENTS @ BROKEN BAY



# Parish Roster

PLEASE JOIN US FOR MORNING TEA  
AFTER THE 9AM MASS

NEXT WEEKEND'S ROSTER

15/6/2024 to 16/6/2024  
11TH SUNDAY IN ORDINARY TIME - YEAR B

	Saturday 7.00pm	Sunday 9.00am	Sunday 10.30am
Acolyte		Nigel M	George A
Reader1	Natasha S	Judy H	Lorna B
Reader2	Maria G	Kath M	Peter B
Prayers	Sr Carol T	Peter G	Sandra/Doug
TV		Jules O	Xavier F
Music		Karina S	Melanie H
Music		John T	Adam F
Music		Noelle T	Martina J
Music			
Morning Tea		Tania T	
 FLOWERS	Hannah A		

## SUPPORT ST BENEDICT'S PARISH

### ARE YOU CONSIDERING SELLING YOUR PROPERTY

We are delighted to introduce Gavan Kohen, Sales Director at Ray White Dural, a proud member of the Parish of St Benedict's.

Gavan is generously offering to support our parish by donating a portion of his commission from any sale referred by our parishioners. Thank you Gavan, we appreciate your kind gesture.

For any real estate enquiries, please contact Gavan Kohen on 0414 911 070.

### Tattoos on the Heart: The Power of Boundless Compassion 3rd to 18th October 2024

Father Greg Boyle, SJ, founded Homeboy Industries in Los Angeles, the largest gang intervention, rehabilitation, and re-entry program in the world. Father Greg started Homeboy Industries nearly 20 years ago, which has served members of more than half the gangs in Los Angeles.

Father Greg is the author of the best-selling books: Tattoos on the Heart: The Power of Boundless Compassion, the recent publication: Barking to the Choir: The Power of Radical Kinship, and his latest publication Forgive Everyone Everything.

[For tickets and further information](#)



Thank you to all our volunteers, we really appreciate it!

If anyone would like to join our parish roster please contact the parish office.

### ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

### SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help:

Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.

### PARISH OFFICE HOURS:

Mondays & Fridays: 9.30am to 2.30pm

Parish Office: 02 9653 2312  
Email: arcadia.pariah@bbcatholic.org.au

Parish Priest: Fr Shansana Samarasinghe OSB  
Email: sanshanasamarasinghe@yahoo.com  
After hours: 0437 884 233

Address: 2 Fagans Road, Arcadia NSW 2159  
Postal address: 121 Arcadia Rd, Arcadia NSW 2159

Website: [www.bbcatholic.org.au/arcadia](http://www.bbcatholic.org.au/arcadia)

Facebook: [stbenedictsarcadia](https://www.facebook.com/stbenedictsarcadia)

MONASTERY: 9653 1159



BANK DETAILS for ONLINE only donations:  
BSB: 062 784 Account: 100002141  
Account Name: Catholic Parish of Arcadia Bank:  
CBA—Catholic Development Fund

For all parish Occupational Health & Safety and Safeguarding Children matters Contact: Lorraine Dailey on 0416 081 882.